

- 1) Head coaches never verify this, so we must take initiative and communicate to the head coach. It helps the meet run smoother, faster, less issues. Helps prevent you having to give a “ticky tack” TV, 1 point and injury time out. Best time is right before you call out the captains.
- 2) 2,2,1, page 9. At least 10’ from the edge of the mat, where facilities permit.
- 3) Same 2,2,1 – Trick question. 3 chairs are OK because its 10” from edge of the mat. However, in a tournament, there should only be 2 chairs in the corner of the mat because only 2 team personnel are allowed here.
- 4) 2,2,2 – page 9. Corner of the mat, no closer than 5’ to the edge of the circle.
- 5) 2,2,2- Best for head official to use tape to designate restricted zone. Show diagram on page 10 for both dual and tournament.
- 6) 2,2,2 -Notify the head coach that only 2 team personnel are allowed, 1 must leave. If a 3rd comes back, per page 8, 2,2,2 B in the Case Manual, its an unsportsmanlike conduct penalty (1 team point) on the 3rd personnel.
- 7) 4,1,1 B & C, page 15 and page 61 in Rule Book– Compression shorts or shorts designed for wrestling, minimum 4” inseam that cannot extend below the knees, elastic waistband and drawstring that is not exposed. No exposed drawstring, belt loops, zippers, snaps, buttons or pockets. No Commando!, suitable undergarment that completely covers buttocks & groin must be worn under shorts. Shorts designed for wrestling may be worn over singlet. Must be school issued. As for shirt, must be form-fitted compression shirt that cannot cover elbow or extend below elbow. Minimum 3: tail. This may be worn under the singlet, also must be school issued. Same rule for mfg. logo, no more than 2 ¼ square inches, can appear only once on each item of uniform apparel.
- 8) 4,1,3 page 16 – Laces shall either be taped to the shoe or secured by a locking device (usually Velcro) on the shoe in an “acceptable fashion.” 15 seconds left in match, tie score, shoelace comes untied, no tape, no Velcro? I’m using Rule 3, Section1, Article 13 on page 13. “The ref has the authority to rule promptly and in the spirit of good sportsmanship, on any situation not specifically covered in the rules.” John Troxel rule?
- 9) 4,2,3, page 16. Ask the coach to provide CIF Medical Release form signed by an “appropriate health care professional”, which is a DR. The form must

state that the suspected disease or skin condition is NOT communicable. Or it is communicable, but a date is filled out when the wrestler will not be communicable. Can you override this form? Yes! Only a designated on-site appropriate health care professional (who inspects wrestler immediately prior to or immediately after weigh in) can override you. Read Appendix D, page 86 of the rule book.

- 10) Case Manual 1,2,2A page 6 – The random draw must be redone because it was done by the coaches! The random draw should have taken place before the weigh-ins and must be supervised by ref or other “authorized personnel.”
- 11) Case Manual 1,4,1, page 6 -No, in individually bracketed tournaments, the wrestler representing a school shall be named by weight class PRIOR to the conclusion of the weigh in and no substitution is allowed after the conclusion of the weigh in.
- 12) Case Manual 2,2,1 A & B page 8 – Team bench, team chairs, should be at least 10’ from the edge of the wrestling mat and 10” from the scorer’s table, where facilities permit.
- 13) Case Manual 4,2,3 B, page 13 – No -Covering a communicable condition is not allowed and the wrestler cannot compete. You can sweat through ringworm.
- 14) Actually, in the rule book 4,3,1 page 17 – “Any equipment worn that is not required by rule”
Rule 4,3,1B, page 17 – must be covered and properly padded with a closed cell, slow recovery foam padding, no less than 1/2 “ thick
Case Manual 4,3,1A , page 16 says the referee makes this judgment call
Case Manual 4,3,1A, page 16 – The wrestler would be charged for injury time out and 1 ½ minutes to fix and be penalized 1 point for Technical Violation – Prevent this from happening in your pre-meet duties
- 15) Actually rule 4,5,7 page 19 rule book -Completely covers buttocks and groin area. Case manual 4,5,7 page 22
Female same rule, plus must wear suitable undergarment that covers breasts
No, same rule. Can they alter it, cut material off to weigh less? No